# REGION II Behavioral Health Board

## MONTHLY MEETING MINUTES

January 13, 2022-- 1:30 PM

Zoom Conference Meeting due to COVID-19 restrictions

website: www.riibhb.idahopublichealth.com

**Zoom Conference Link:** https://us02web.zoom.us/j/89462488435?pwd=czRoNWhKaUI2UHc5VnhWQjBhdzdJdz09

# 1. Roll Call, Welcome, and Introductions

#### **Board Members**

Х	Sara Bennett	X	Sharlene Johnson	х	Lisa Martin	х	Michael Wraith
Х	Terema Carlin	X	Darrell Keim	х	Shawn McDowell		
	Megan Comstock	Х	Shari Kuther	х	Michelle Mendenhall		
х	Beverly Fowler	Х	Kathie LaFortune	х	Mike Ponozzo	х	Dean Allen
	Chris Goetz		Tom Lamar	х	Jim Rehder		Dustin Hibbard
	Shaun Hollace	Х	Tammy Lish-Watson	х	John Rusche	х	Theresa Shackelford
Х	Shaun Hogan	Х	Pam Lopardo	х	Jenny Teigen		

**Others In Attendance:** Kaylie Bednarczyk, Public Health (Perri Larson), Tammy Everson, Amanda Holcomb, Steve Thomas, Karen Kopf, Starr Shepard, Wendy Stoneberg, Rachael Masaitis, Wendy Norbom, Sharlisa D, Elaine Dufford, Laura Thayer

Meeting called to Order. Shawn McDowell and Shaun Hogan introduced themselves to the board.

- 2. Approval of December BHB Minutes (Action Item): Motion to approve minutes by John Rusche, seconded by Sharlene Johnson. No discussion on the motion. Motion passed
- 3. Financial report—Carol/Perri: Perri reported that \$900.56 was paid to First Step 4 Life.
- **4. Board Activity Funds for LAMI and LCRC—Board (Action Item):** LAMI has requested promotional funds, \$2000. LCRC has requested improvements to their space, \$4000, but there are questions about this request. Motion to amend agenda to add Upriver Youth for their request. Shari makes the motion to amend the agenda to add Upriver Youth request and it is seconded by Pam. No discussion. Motion passed. Shari motioned for the approval of all three funding requests depending on the projects qualifying within fiscal requirements, John Rusche seconded the motion. Motion passed.
- 5. Loan Forgiveness Programs—Alex Prado: Not present at the meeting

- **6. Brief introduction of State BHB coordinator—Rachael Masaitis:** Rachael reported she is taking over the leadership role of the Behavioral Health Board liaison position formerly held by Mindy Oldenkamp.
- 7. Point in time homeless count—Steve Thomas: Steve with Family Promise reviewed the Point in time study. This year is January 26, 2022 and lasts for 7 days. Currently asking agencies to administer the survey face to face or over the phone to collect data about the state. Currently meals planned in Lewiston and Lapwai and gift card are being given for those who participate. The survey is 17 questions and takes 2-5 minutes. Steve's email is <a href="mailto:steve@familypromiselc.org">steve@familypromiselc.org</a> and his contact information is 208-798-3349 office 208-791-0173 cell. He will provide agencies with all information and gift cards. Lisa reported she would share the information with the housing subcommittee.
- 8. Legislative update—Kathie/Tom/Chris/Jim: Kathy reports the IAC legislative meetings will start this week, nothing new to report. Will provide information next month. Jim Rehder discussed the efforts for the legislature to include Recovery centers for a baseline budget between \$100,000 and \$150,000. Jim reached out to Representative Erickson and he is an advocate for behavioral health. Rep Kingsley has expressed support for all Behavioral Health funding; we need to stay in touch to be sure he is taking action he promised. Sen Crabtree visited with the Governor to get Recovery Base funding for his support. Kathy LaFortune was able to add to tuition reimbursement and loan forgiveness request in. Darrell also asked about the fentanyl testing strip legislation.
- 9. Recovery Community Center Latah/Nez Perce Counties—Darrell/Shaun: Darrell reported they are very busy. They got one grant on re-entry with the local jail. They are hiring recovery coaches and a case manager. The Latah board will be pursuing getting Oxford house in the Moscow Area. Their fundraiser March 2<sup>nd</sup> 7Am and 7PM is a breakfast and a dessert. They have a funder who wants to pay for a full-time staff member for the Vandal recovery program. Their remodel starts this weekend. Shaun Hogan reports they have their safe syringe exchange program going, with 8 participants. Focusing on getting Narcan distributed into the community.
- **10.** BHB Subcommittee Members, Reports and Board Discussion—Jim expressed to Board members the need to attend the subcommittee meetings of their choice. Attendance by subcommittee members is low. If subcommittee members are unable to attend meetings, please contact the chair to allow the chair to prepare for the meetings. BHB by-laws require board members to participate in at least one subcommittee and actively participate.
  - **–CMH** Laura Thayer reported they have been problem solving and identifying crisis resources within the community. Working to increase coordination with the schools in the area to offer support.
  - **-ABH-** Shari Kuther reported they met today before the board meeting. Discussed working with the libraries to utilize telehealth. Mike Wraith has been working on this effort. Discussed reaching out to Senator Crabtree to discuss becoming part of the library charters. Discussed provider shortage. Discussed the behavioral health council and the guildelines and recommendations they were making and how it impacts our region. Family support partners training and bring information to the board. Discussed the different levels of care and resources that are difficult to access.

- **–Housing-** Lisa Martin reports they met last Monday. In Orofino, the men's sober house is full and has been full. Looking for another house in the area. Oxford continues to look for another men's house in the Lewiston area. Lisa offered help to Moscow as they work towards housing options. Cynhtia Nunez at Lewiston school reported the social workers have continued to struggle to help families find housing options. Adult resource center is now open from 7pm-7am and they are a 20 bed facility, averaging 15-16 a night.
- **–Prevention** Sharlene Johnson reported they met last week. Orofino Clearwater Alliance came and they have been sending at home kits for activities to do with families. Lapwai and Palouse Coalitions have not provided information recently. In Kamiah they expanded their teen center, feeding about 50 kids. They are offering various supports in Kamiah and Kooskia. Hired a grant coordinator, Kaylie. They will be offering various programs and trainings.
- 11. **Public Input:** Wendy Stoneberg with Optum reported this is her last meeting with the Board. Tammy Watson was hired as the new program manager. New transition age guide has come up on their website. Tammy Watson said she sent the flyer to Jim and he will get it to the board.

Starr Shepard with BPA Health discussed the new SUD housing assistance program, <a href="https://www.bpahealth.com/housing-assistance-program">https://www.bpahealth.com/housing-assistance-program</a>. Also, they have their respite program going, <a href="https://www.bpahealth.com/housing-assistance-program">https://www.bpahealth.com/housing-assistance-program</a>.

Sharlisa commented on the benefit of the number of people in attendance. Upcoming CIT in Moscow. Reports there is a planning committee for a mental health 5k walk, in May. She is planning a NAMI summit this year in the Moscow area.

Laura Thayer reported the next CIT training will be February 8-11<sup>th</sup> in Moscow in the new Moscow training center. Currently filling it with Moscow Police department, Latah County Sheriff's Office and Probation and Parole. Discussed the alternative model of offering CIT to rural counties once a month or once a county to especially accommodate Idaho and Lewis Counties.

## 12. Next BHB Meeting – February 10, 2022

#### 13. Meeting Adjourn: